

The Breeze

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chance of precipitation: 20%



Vol. 91, No. 45
Thursday, March 21, 2013



BRIAN PRESCOTT / THE BREEZE

1. Redshirt senior forward Rayshawn Goins goes up for a putback. 2. Freshman guard Charles Cooke finished with a near-career high of 15 points. 3. Freshman guard Andre Nation blocks LIU Brooklyn senior forward Jamal Olasewere's shot. 4. Redshirt senior guard A.J. Davis works through LIU freshman forward E.J. Reed for a layup. 5. The team celebrates as it breaks its huddle at the end of the game.

Dukes dominate 68-55 to land historic matchup against Indiana

BY STEPHEN PROFFITT
The Breeze

After a 68-55 win over LIU Brooklyn in the First Four in front of a throaty crowd of 12,023 fans, the Dukes are partying like it's 1983 — the last time JMU won an NCAA tournament game.

JMU's "Zip 'Em Up" defense led by freshman Andre Nation held the nation's fifth-best offense to its fewest points all season. The Dukes considerably slowed an offense that averages just a shade under 80 points per game, scoring 17 points off 11 forced turnovers.

The minute JMU found out it was playing LIU, everyone began using the word "pace." The Blackbirds liked to run and push the tempo. It was the key to the game last night, and the Dukes set the tone early.

"We knew they liked to get out and run," said freshman guard Charles Cooke. "Shots that we normally take we had to turn down so we could stop their transition."

On many trips down the floor Wednesday night, redshirt senior guard Devon Moore and company held the ball around midcourt, purposely draining seconds off the shot clock in order to slow down LIU and prevent transition.

"We didn't want to start on their tempo," said freshman guard Andre Nation. "We're a fast-paced team, too. They play faster than us, so we knew if

we could get them to play to our tempo, then we were going to control the whole game, and I think we did a good job with that."

Fifth-year senior Rayshawn Goins, who was arrested Sunday night for alleged disorderly conduct and obstruction of justice, was suspended for the first half of the game. As a result, head coach Matt Brady unveiled his 15th different starting line-up of the season, swapping Goins for Cooke, who took the opportunity and ran with it.

"It was now or never," Cooke said.

Cooke finished one shy of tying his career-high in scoring, a 15-point offensive outburst the team welcomed with open arms.

"There's times when I think he's going to be the best freshman of the group," Brady said. "He's got great confidence in his game."

Cooke had doubled his season average of five points by halftime. In the last five games, he had logged a total of just nine total points. Three of those games ended in completely scoreless efforts.

"Tonight, I was able to make shots," he said. "It always starts on the defensive end for me."

Goins did start the second half, and after a slow start, he grabbed eight rebounds in just 13 minutes played. Five of those were offensive boards that helped JMU net 18 second-chance points.

But the MVP of the night goes to Nation, who

see **NCAA**, page B5

For some, Ohio is more than a game site

By STEPHEN PROFFITT
The Breeze

More than once this season, Devon Moore left Harrisonburg for his more familiar home in Columbus, Ohio.

He didn't head home for any high school reunions or even just a quiet weekend siesta away from school; Moore took off to visit his mother, Carolyn, who was diagnosed with brain cancer in the fall. Moore refused to ever say goodbye, choosing instead to leave with simply a "see you later."

This week, Moore returned to Ohio with a very different focus in mind: earning JMU's first NCAA tournament win in decades.

Fifth-year seniors Moore, A.J. Davis and Rayshawn Goins returned to their childhood homes. Davis and Moore are both from the Columbus area; Goins hails from Cleveland. Dayton, the site of some first- and second-round NCAA tournament games, is just an hour from Columbus and a short three hours from Cleveland.

As if writing an epilogue to five years of JMU basketball in the NCAA tournament isn't enough, the Dukes were rewarded with a virtual homecoming tour to cap their careers.

"It's definitely a blessing," Moore said before the game. "We're definitely trying to make history in Dayton."

It's even better when this privilege will be shared by JMU's "Big Three." Just as Wade, James and Bosh are to the Heat, Moore, Davis and Goins are to the Dukes.

"I wouldn't have had it any other way," Goins said.

see **HOME**, page B5



Today
few snow showers
36°/23°



Friday
partly cloudy
49°/29°



Saturday
mostly sunny
53°/30°



Sunday
light wintry mix
38°/32°

EDITORS Anne Elsea & Dylan Garner EMAIL breezecopy@gmail.com

Thursday, March 21, 2013

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The Breeze

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61 Anthony-Seeger Hall, MSC 6805
James Madison University
Harrisonburg, Va. 22807
PHONE: 540-568-6127
FAX: 540-568-6736

MISSION

The Breeze, the student-run newspaper of James Madison University, serves student, faculty and staff readership by reporting news involving the campus and local community. The Breeze strives to be impartial and fair in its reporting and firmly believes in First Amendment rights.

Published Monday and Thursday mornings, The Breeze is distributed throughout James Madison University and the local Harrisonburg community. Comments and complaints should be addressed to Torie Foster, editor.

EDITOR-IN-CHIEF
TORIE FOSTER

breezeeeditor@gmail.com

NEWS DESK
breezenews@gmail.com

LIFE DESK
breezearts@gmail.com

SPORTS DESK
breezesports@gmail.com

OPINION DESK
breezepinion@gmail.com

COPY DESK
breezecopy@gmail.com

PHOTO/GRAPHICS
breezephotography@gmail.com
breezegraphics@gmail.com

VIDEO
breezevideo@gmail.com

ADVERTISING DEPARTMENT
540-568-6127

ADS MANAGER
Brandon Lawlor

ASST. ADS MANAGER
Will Bungarden

CREATIVE DIRECTOR
Anthony Frederick

ASST. CREATIVE DIRECTOR
Zack Owen

AD EXECUTIVES
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horoscopes



ARIES

(March 21-April 19)

For the next four weeks, pay close attention to opportunities to achieve old objectives.



TAURUS

(April 20-May 20)

Allow yourself more quiet time this month. Finish old jobs, and organize something.



GEMINI

(May 21-June 20)

Take advantage of your newly gained popularity to grow teamwork. You're getting hotter and you're lucky in love.



CANCER

(June 21-July 22)

Nothing can stop you when you're on fire. You can get farther than you ever thought possible, now and all month. Play by the rules.



LEO

(July 23-Aug. 22)

Make sure you know what you want. Don't rush a decision. Cut down on unproductive activities, unless they're about resting.



VIRGO

(Aug. 23-Sept. 22)

For the next month, you're especially great at managing money efficiently. Share advice. Friends are there for you.



LIBRA

(Sept. 23-Oct. 22)

Partnerships grow stronger in the days ahead. Work carefully, or learn something the hard way.



SCORPIO

(Oct. 23-Nov. 21)

There's more work coming in this month, and the pace is heating up. Get in touch with your inner zen, relax.



SAGITTARIUS

(Nov. 22-Dec. 21)

Your energy level and attractiveness are high this month. You're lucky in love, and relationships flourish. Play and get creative.



CAPRICORN

(Dec. 22-Jan. 19)

Give home and family more attention. Domestic chores take precedence, and your time makes a difference.



AQUARIUS

(Jan. 20-Feb. 18)

You have a passion for learning. Press forward with enthusiasm into a new study topic.



PISCES

(Feb. 19-March 20)

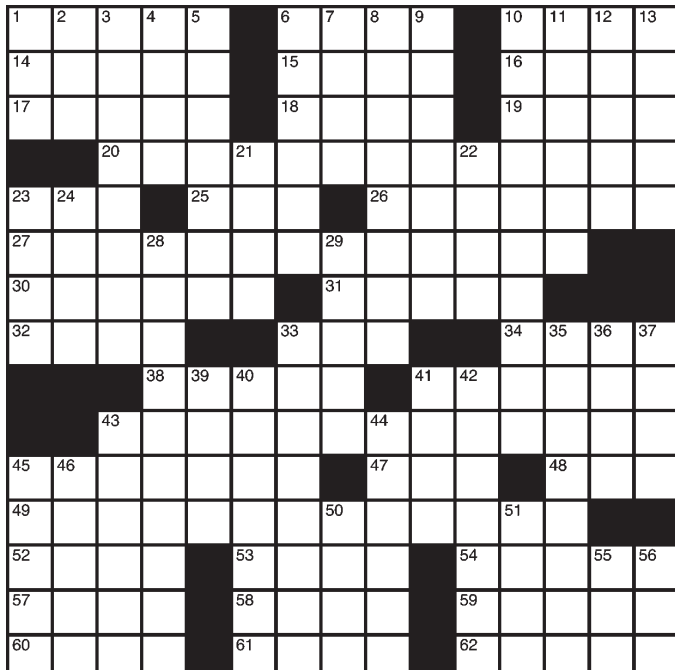
You are at a crossroads, facing many different paths. Give it time and trust your heart. You will choose the right one.

Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

ACROSS

- 1 ___-minded
6 Skating team
10 Strong desire, with "the"
14 Caught this morning
15 "Look ___ when I'm talking to you!"
16 Auth. of many snarky blog comments
17 "Scrubs" head nurse
18 Nurses
19 "___ 911!": police series parody
20 Hot sauce ingredient
23 Beret-sporting revolutionary
25 Operation Overlord vessel, for short
26 Concerto standout
27 Vox populi
30 Monstrous
31 Off ___: sporadically
32 NBAer who tweeted "I'm about to retire" in 2011
33 Wrinkly toy
34 Silver-tongued
38 No later than
41 British blame game?
43 Genre artist of mid-18th-century Europe
45 Men's department fixture
47 Vessel near the desserts
48 Droop
49 Stinger? (and what's literally found in 20-, 27- and 43-Across)
52 Produced fiction?
53 Say and mean
54 Slapstick sidekick
57 "House," in Inuit
58 Suckling spot
59 Favors, with "toward"
60 Fanfare
61 Woody's son
62 "Tearin' Up My Heart" band



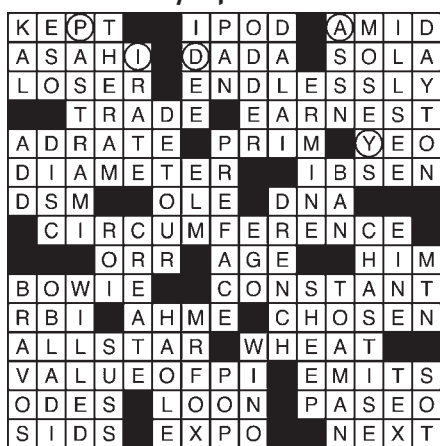
By Alex Bajcz

3/21/13

DOWN

- 1 Compound once used as aerosol propellant: Abbr.
2 NPR's "Science Friday" host
3 Anatomical column component
4 Land in el agua
5 Dry French wine
6 Target in the end zone
7 System ending?
8 Eliciting awe
9 Plead in court, say
10 Whaling weapon
11 Bowler's target
12 Strengthens
13 Sound from the bull pen
21 "The Nazarene" author Sholem
22 Belgian prime minister Di Rupo
23 Coast Guard noncoms
24 Jackman of "Les Misérables" (2012)
28 Sloshed

Monday's puzzle solved



Congress takes a pass on college sports scandals

McClatchy Newspapers

WASHINGTON — Several groups have been tapping on the door of Congress lately with a request for oversight into the often opaque, big-money world of college sports.

But the door seems shut tight.

There's been no shortage of front-page scandals involving blue-chip collegiate athletic programs, from the Penn State child sex abuse tragedy to the University of Miami booster-gate episode, where an avid fan lavished players with cash, women and other benefits.

But it's a 16-year academic fraud case at the University of North Carolina that has crystallized concerns that a federal academic records privacy law has been used by schools as a tool to keep certain records from the public that critics believe should be kept open.

"There is not a culture of transparency," said James Sears Bryant, an attorney who was involved in a campus privacy issue related to sexual assault complaints at Oklahoma State University.

Sometimes the law, the Family Educational Rights and Privacy Act of 1974, known as FERPA, has been used to keep even police and state officials in the dark.

At Oklahoma State, Bryant said school officials mistakenly told reporters that the law prevented them from reporting sexual assault complaints to the police.

FERPA was intended to protect student privacy, primarily grades. But educational institutions have used it to keep other kinds of records secret — including disciplinary actions after sexual assault reports, parking tickets that would show what kind of cars student-athletes are driving, and other non-educational information.

UNC, one of the top public universities in the country that also boasts one of the premier college basketball programs, was the scene of one of the worst-ever academic scandals at an American university.

Marines killed, others injured in training explosion

Los Angeles Times

HAWTHORNE, Nev. — As the U.S. has fought in Iraq and Afghanistan, the Marine Corps has considered the sprawling and remote Hawthorne Army Depot an invaluable site for realistic training — its wide-open spaces supporting live-fire exercises, its climate, elevation and terrain mirroring much of Afghanistan.

But with realism comes danger. On Monday night a 60-millimeter mortar round exploded at the facility outside Reno, killing at least seven Marines and injuring eight — seven Marines and a sailor. The dead and injured were from the 2nd Marine Expeditionary Force, with headquarters at Camp Lejeune, N.C.

Brig. Gen. James W. Lukeman, commanding general of the 2nd Marine Division, said the explosion occurred when a round exploded in a mortar tube during "live fire and maneuver training."

"Our hearts go out to you," Lukeman said Tuesday, referring to the families of those killed and injured. "We appreciate your sacrifice. ... We send our prayers and condolences."

Legacy of war in Iraq after 10 years

Los Angeles Times

BAGHDAD — A bronze statue of a slain Shiite Muslim cleric greets motorists as they drive down the airport highway that invading convoys of American troops once used to charge into Iraq's capital. The new artwork replaced a mural commissioned by Saddam Hussein and demolished after the U.S.-led invasion that began a decade ago Wednesday.

Across Baghdad, billboards of Shiite Islamist leaders have taken the place of once-ubiquitous portraits of Saddam in prayer, Saddam holding flowers and Saddam carrying a rifle.

They are ready reminders of how Baghdad has changed since March 20, 2003.

When President George W. Bush ordered U.S. forces to topple Saddam and his Sunni Arab-dominated Baath Party, most Iraqis welcomed the action. Saddam was blamed for disastrous wars, crippling poverty and rampant human rights abuses, particularly against members of Shiite religious parties.

Pope Francis focuses on poor and environment

Los Angeles Times

VATICAN CITY — Amid elaborate ritual and ancient symbols of Christendom, Pope Francis began the first official day of his pontificate Tuesday by setting out a vision for the Roman Catholic Church of mutual caring and of concern for the environment, urging followers to pay special attention to society's poor and neglected.

Before tens of thousands of pilgrims and dignitaries gathered for his inauguration in St. Peter's Square, the pontiff said that his papacy would reflect the themes of service and love of nature so closely identified with the saint after whom he named himself, Francis of Assisi.

"Let us be protectors of creation, protectors of God's plan inscribed in nature, protectors of one another and of the environment," the pope said. "Let us not allow omens of destruction and death to accompany the advance of this world!"

During the ceremony, Francis was presented with the "fisherman's ring" and a special stole, known as a pallium.

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JAMES CHUNG / THE BREEZE

Blessed Sacrament Catholic Church, located in downtown Harrisonburg, is considering re-naming their food pantry after Pope Francis.

By ISABEL JIMENEZ-BUSH
contributing writer

A new pope in the Vatican is set to have a big impact on Harrisonburg Catholics.

Pope Francis, the 266th pope, was elected March 19 and made news with his Argentinian roots. Many Catholics at JMU and Harrisonburg are excited to see a proactive pope leading the church who knows about conditions in Latin American countries from living among impoverished communities.

Area priests like Father Silvio Kaberia from Blessed Sacrament Catholic Church and Father Ken Shuping from JMU's Catholic Campus Ministry don't think ethnic background

matters and agree the pope will be an influential leader regardless of his home country.

"The Lord does not look at external features, he looks at the heart," Kaberia said. "He chooses right from the heart, not from what we see, read or hear. Not from who makes a lot of news or who is popular."

For Blessed Sacrament parishioner Warren Little, race is not as important as leadership quality.

"The pope holds the church together and it doesn't matter where he's from as long as he guides the church," Little said. "Race shouldn't have anything to do with it."

Blessed Sacrament is considering naming its food pantry after Francis I in accordance

with his mission of aiding the poor.

As far as helping the poor at JMU, Father Ken Shuping of CCM is expecting to see some changes in the future.

"There's always been a service component to what we're doing," Shuping said. "It's part of every parish, of every campus ministry. I think what Pope Francis is going to do is shine the light on that."

Francis I has become a relatable leader for Laura Quintero, a Catholic junior media arts and design major, who is of Venezuelan descent. She relates to the pope well because of their ethnic connection.

see **POPE**, page A4

Police crack down on drunk drivers



MARGIE CURRIER / THE BREEZE

— staff report

JMU students weren't the only ones out on the town this past weekend.

Police conducted their annual St. Patrick's Day Impaired Driving National Enforcement Campaign this past weekend to crack down on drunk drivers, according to Pete Ritchie of the Harrisonburg police.

On Friday night, officers set up three consecutive vehicle check-points around Harrisonburg at the South Avenue and Central Avenue intersection, Chestnut Ridge area and Vine Street.

Police also had increased presence around town on other nights, and conducted selective enforcement campaigns on holidays including Christmas and July 4.

But Ritchie still said students should practice responsible drinking and partying regardless if it's a holiday or not.

"A lot of alcohol problems have to do with people getting drunk and sort of calling attention to themselves," Ritchie said. "People who call attention to themselves call attention to us."

Students talk safety, resources

SGA-sponsored forum encourages student participation and discussion on campus issues

By ERIC GRAVES
The Breeze

Longer library hours, more dining options and increased security are just a few of the things students requested at a town hall style meeting Monday night.

Setting up on the stage, the SGA Student Services Committee held its first of several planned meetings for students.

STUDS works as a vehicle between the student body and school officials, voicing students' concerns to JMU administration. Two microphones were set up in front of the stage, and individual students were invited to come up and speak to the crowd of more than 70.

Students talked mostly campus safety, student health and dining options at the meeting. One student asked how STUDS was planning on pushing improvement of the health center. David Scala, a sophomore political science major and member of STUDS mentioned the potential for an on-campus pharmacy in the future.

"We are currently working on talking with the administration about a pharmacy inside the health center," Scala said. "There is also the possibility of expanding the health center further once renovations on North Campus have been completed."

Carrier Library was brought up by

several students during the event: Some asked for it to be open 24/7 while others requested more tables and seating areas.

Jeff Blevins, a senior public policy and administration major and STUDS chairman said JMU is hesitant on Carrier being open all night, saying that it would cost too much to the university to power and staff the library.

More tables have already been added to the first floor of Carrier, and STUDS is working on adding more on the upper floors.

Students also brought up adding mirrors on the tight corners of parking garages, increasing the number of Blue Light Emergency Phone Towers and upping off-campus patrols. Twenty of these phones were added on North Campus in the various parking garages and lots last year. But installing more, Scala explained, is unlikely because they're so expensive.

"People started asking questions that students were interested in — that was the turning point for getting people's attention," Scala said. "They realized that we can actually do something to help them."

Blevins stressed that he and fellow STUDS members are eager to listen and help students improve their experience at JMU.

"We understand you are paying a lot of money to come here," Blevins said. "We want to make your experience the



HOLLY WARFIELD / CONTRIBUTING PHOTOGRAPHER

Chelsea Flores, a sophomore studio art major, speaks at Monday night's town hall meeting. She advocated for more art to be displayed around campus.

best it can be. If you have a complaint or suggestion, we will do our best to fix it."

What sets STUDS apart from other organizations on campus is its ability to interact personally with students and make good on their promises, according to sophomore Shannon Wilson.

"We're not just another organization that says we're going to do something — we actually get out and do it," said Wilson, a communication sciences and disorders. "It makes me feel good that people want to improve the university, even if it's for future students."

see **TOWN**, page A4

Debate pushes changes

Candidates want improvements in parking, dining and transparency

By ERIC GRAVES
The Breeze

Two very different candidates are running for next year's student body president.

Yesterday, SGA held the primary debate between candidates for the student body president, vice-president, executive treasury and student representative to the Board of Visitors in the Festival drum.

Alex Hostetter, a junior justice studies major, and Jake Jedlicka, a junior history major are both running for president.

Hostetter has worked as a chair holder in the Phi Alpha Delta pre-law fraternity and was the captain of his high school basketball team. Jedlicka works as the SGA secretary treasurer currently and in the past has been an OPA, SGA senator, FROG and an Eagle Scout.

Hostetter holds a firm belief in changing the vision of the student body president. He believes SGA needs a new spark.

"When a group of people work with each other for so many years, they start to think the same," Hostetter said. "It's going to take someone like me, someone who has a lot of intensity to come in and say, 'No more.' I have a no-bull attitude."

Jedlicka is running his campaign under three primary goals: to amplify the students' voice, promote academic rigor and extend community outreach.

"We have a reputation here at JMU as one of the best liberal arts colleges in the state, if not the best," Jedlicka said. "We haven't reached the peak of our excellence, because when you reach the peak, you don't go further. We're going to drive the university forward."

Members of SGA asked both candidates a series of questions related to issues involving students and their plans for next year. The first question was what the candidates envisioned for next year.

Hostetter said later that he feels the university owed more to the students than they were getting back and believes students should get what they were paying for in a university.

"I want to make sure the communication the students deserve gets back to them," Hostetter said. "It's not that we're lucky to be here; the school is lucky to have us. I want to return the rights to the students."

» Read about the candidates' platforms at breezejmu.org.

Key issues Jedlicka plans to address if elected, are lack of parking for students, slow Internet, student involvement in campus activities and making sure the new dining areas added on North Campus meet JMU's standards.

"We need to focus on what students want to see done and addressing key issues," Jedlicka said. "SGA is really a go-between and an advocate for students. I think we can really increase our reach and influence in the next year."

Rachel Fletcher, a freshman nursing major, didn't know either of the candidates before watching the debate but felt more informed afterward.

"I gained a better sense of how our student government works," Fletcher said. "It matters to students because we have our own little community here so we should have as much to say in this as we do in our national government."

Matt Klein, the current student body president, offered his advice to both of the candidates.

"They need to look at the big picture, not just the next year but also five years down the road," Klein said. "I would encourage both of them to continue the constant dialogue between the students, faculty, administration, alumni and community."

CONTACT Eric Graves at breezenews@gmail.com.

POPE

Hispanic locals feel a deep connection to new Catholic leader

from page A3

Jorge Bergoglio, now known as Pope Francis, of Argentina was elected as the leader of the 1.2 billion Catholics around the world on March 13.

The hope for change that comes with this new pope stems from his Argentinian heritage as he becomes the first non-European pope in nearly 1,300 years.

The Catholic Church estimates 40 percent of its members live in Central, Latin and South America. Meanwhile, numbers are declining in Europe.

"The culture will play a huge role and will allow him to connect with a large part

of the Catholic community," Quintero said. "I'll feel more connected to him since he's Latino."

Hispanics and Latinos made up 16.2 percent of Harrisonburg's population of 50,981 people, according to the U.S. Census Bureau

For Peruvian junior Robert Rodriguez, Francis represents a direct connection between the Vatican and its followers halfway around the world.

"Demographics are changing so the future of the church is in Latin America," said Rodriguez, a computer information systems major. "He can connect better with his followers so they can either become more devoted or stay



COURTESY OF MCT CAMPUS

Jorge Mario Bergoglio, now known as Pope Francis, was elected on March 13. He's the first non-European pope in nearly 1,300 years.

devoted." But Latin Americans aren't the only ones who are feeling a connection. For Erwin Go,

a sophomore health sciences major involved in JMU's Catholic Campus Ministry, Francis's papacy means much more than ethnicity.

"There's never been a Pope Francis before, and his name comes from Francis of Assisi, who was devoted to the poor," Go said.

The idea of dedication to service excites and encourages Catholics, especially younger Catholics. Thanks to Francis' guidance, Go foresees an eventual change in how the youth's role will evolve in the Church when called to serve and help those in need.

"This guy is for real," Go said. "He's trying to make a change."

While people are hoping for positive change in the church, none will be officially made until the pope releases the encyclical, which is a letter to all the bishops around the world. It might contain some of the pressing changes the pope would like the bishops to enforce in their dioceses.

"This brings us a new enthusiasm, a new way of looking at things," Kaberia said. "But what we do understand is that our church is one, holy, Catholic and apostolic. That's what we profess in the Creed, so the pope is a symbol of unity."

CONTACT Isabel Jimenez-Bush at jimeneim@dukes.jmu.edu

What is the one excuse you use in life that is keeping you from reaching your highest potential?

#noexcuses #daw2013

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TOWN

'It feels like they're advocating for me'

from page A3

Every idea given to STUDS is submitted to the administration in charge of that area, but that doesn't always mean progress, Scala said.

"It really depends on the project whether or not it will be successful," Scala said. "Usually if a project won't be worked on, it's due to cost or something the university can't control. Like dining has their hands tied with the punch system after they worked it down to a science."

Scala said the easiest issues worked on are things such as maintenance or minor issues with dining services, such as lack of vegan and gluten-free options in the dining halls.

Students can also take pictures of physical problems around campus, such as broken water fountains, and tweet @SGAJmuSTUDS. From there, the problem is reported through SGA to the JMU administration.

Freddy Carranza, a junior kinesiology major, thinks more students should attend future meetings.

"I enjoy having my opinions heard and considered," Carranza said. "It's one thing to be able to submit a suggestion, but it's another thing when you have someone who can give feedback. It really feels like they're advocating for me."

CONTACT Eric Graves at breezenews@gmail.com.



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DID NEWS STRIKE A NERVE?

Submit a letter-to-the-editor at breezejmu.org.



CONVERSATION CORNER

Senior forward Rayshawn Goins was suspended from the first half of the First Four game last night for his arrest. Is this fair? (For the full story on Goins' charges, visit breezejmu.org.)

@BRANDON_BESS

The bigger question, is it newsworthy? The situation was resolved.

JAY LEAMY

Kid's got to know that he can't jeopardize his team like that, and that the JMU police would be chomping at the bit to make a headline-making arrest like this one. Don't bust my bracket before they even step on the court, Rayshawn!

CHASE TAYLOR

He made a mistake and now he has to accept the consequences of that mistake at the cost of his team and school.

JD IRONMONGER

I think this has been blown out of proportion. Definitely something to punish him for, but it really does not warrant benching him for the entire game. I think the first half punishment shows Brady has principles but isn't a Nazi either.

ANTHONY BOWMAN

As this game hardly blips the NCAA tournament screen as is, this arrest makes half the story.

ADAM CASSIDY

He's 24 if I read correctly. He's a student/athlete. I believe under those 2 circumstances 1 of 2 things SHOULD have been done. 1. Expedite the process, and find him innocent or guilty and punish accordingly. 2. Have him sit all game for being in the situation. Are his teachers allowing him to do half his homework? What determined sitting the first half and not the second half? Why not last 10 minutes of each half? It's so wishy-washy and disappointing from JMU.

MATTHEW PRIEBE

He should of been kicked off the team. I think its too fair, i understand we are trying to win a championship but its a honor to play and players like that dont need to be playing. You know better.

NAVID GHATRI

If a player gets arrested for doing something stupid when he has his school and team relying on him to contribute to a very crucial game, then he shouldn't be allowed to play at all. If he is allowed, that just shows all future players that it is ok to do something stupid, and even if you get arrested, you'll be alright because they need you for the game. Discipline needs to be put upon these student athletes

EVAN DUSO

HPD definitely only arrested him for the story. "Decided to arrest him later"? "Said they recognized him"? Exactly. Just punishment for an arrest that shouldn't have happened in the first place. Gotta give him something but not sit him the whole game or kick him off the squad.

MICHAEL J. MAYASSI IV

The JMU coach is a pushover. UVa's Mike London dismissed Brathwaite from the football team and Tyrann Mathieu got the same thing at LSU. It may be too much to cut him without finding everything out first, but benching him for the first half is laughable.

MICHAEL NOVAK

Wasn't there like a mugging or assault that the police should have been out looking for instead?

JESSICA WILLIAMS | in plain English

Bloomberg's soda ban falls flat

While the attempt to regulate soft drink sizes is honorable, it isn't worth it

Another politician has tried, and failed, to regulate our diets. When will they learn?

This time it was Michael



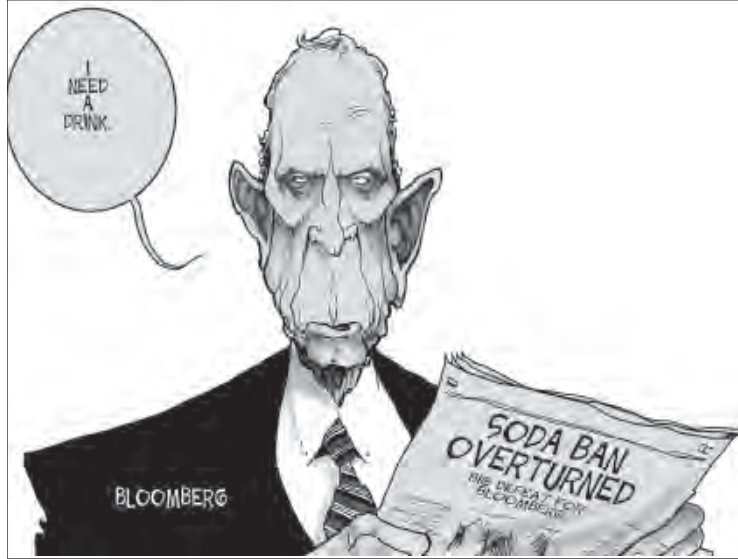
Bloomberg, the NYC mayor who has become famous for attempting to ban anything he doesn't like (the most recent

example being his new ban on displaying cigarettes in stores).

Why not go after sodas? They're high in sugar content, bad for your teeth and tend to contribute to those extra pounds Americans are carrying around.

His goal was to limit sodas sold in theaters, stadiums and restaurants to 16 ounces, slapping a \$200 fine on any establishment that offered refills. But the courts said, "heck no" on Monday, one day before the ban was set to go into effect.

Bloomberg's heart is in the right place, here. America does need to start eating and drinking healthier, but we need to do it on our own. The last thing I want is the government standing over me as I refill my Coke in D-Hall, saying,



COURTESY OF MCT CAMPUS

"Do you really need that?" My self-esteem does enough of that for me.

And who's to say that a ban on soda size would even put a dent in the obesity problem? Soda isn't the only drink with high sugar content. For every 17 ounces of Red Bull there are 54 grams of sugar, which is nearly on par with the 47 grams of sugar in each 12-ounce bottle of A&W Root Beer.

If Bloomberg is really doing this to help fight obesity, he should

be going after the calorie content in drinks. Soda isn't even close to being the only culprit on that street. On average, there are 149 calories per 12 ounces of beer and 141 calories in 12 ounces of soda, according to WebMD.

Is Bloomberg going to put a ban on how many beers someone can have? We know how well that worked in the 1920s.

see **SODA**, page A7

DARTS & PATS

Darts & Pats are anonymously submitted and printed on a space-available basis. Submissions creatively depict a given situation, person or event and do not necessarily reflect the truth.

Submit Darts & Pats at breezejmu.org

A **"triple-thank-you"** pat to the kind strangers who were offering free rides all weekend and wouldn't take a dollar.

From a student who has blown too much money on cabs and appreciated the generosity.

A **"you-are-brushin'-awesome"** pat to the woman that let me use her ice scraper to wipe off my snow-covered car this morning.

From a woman who had already been standing there 30 minutes trying to clear it off and was about to give up.

A **"did-you-really-just-do-that?"** dart to the two senior women who begged me to give up my study table in a very crowded Carrier so that they could study for a major exam, only to leave it for another table the instant it became available.

From a very stressed freshman who really needed to plan and write a paper, but figured your big exam was more important than that.

A **"goins-nowhere"** dart to Rayshawn Goins for catchin' a case only a few days before the big dance.

From a staff member and JMU basketball fan who wishes you hadn't given other schools another chance to criticize JMU.

A **"go-home-you're-drunk"** dart to the Harrisonburg weather.

From a woman who's tired of repeatedly putting away her winter jacket only to have to pull it back out.

A **"thanks-for-putting-up-with-me"** pat to my boyfriend, who is far more patient and tolerant than I am.

From a sarcastic woman who's not always in the best mood thanks to a stressful work and school schedule.

A **"you're-doing-it-wrong"** dart to the guy who blatantly took up two parking spaces in front of my apartment.

From a woman wondering if

you could be any more of tool.

A **"carpe-some-diem"** pat to the guys skiing and snowboarding at 1 a.m. in the fresh snow between Gifford and Ashby.

From an onlooker who wished he could have joined you.

A **"you're-a-sweetheart"** pat to the JMU student in Festival who insisted on paying for my drink and M&M's when the cashier machine wouldn't accept debit cards.

From a faculty member who is once again reminded that JMU is the best school in the world and will pay it forward.

A **"you-are-fine-with-a-capital-'F'"** pat to the tall, blue-eyed poetry god at Ruby's on Tuesday night.

From someone who was too embarrassed by her crush to actually submit it to JMU Crushes and figured this was safer and more anonymous.

An **"I'm-going-to-go-postal"** dart to JMU mail services for holding my package hostage for four days and not sympathizing with me.

From an impatient junior who can't wait until we develop the technology to teleport things to one another and skip the middleman all together.

Editorial Policies

The Breeze
MSC 6805 G1
Anthony-Seeger Hall
Harrisonburg, VA 22807
breezeopinion@gmail.com

The Breeze welcomes and encourages readers to voice their opinions through letters and guest columns. Letters must be no longer than 250 words. Guest columns must be no more than 650 words.

The Breeze reserves the right to edit submissions for length, grammar and if material is libelous, factually inaccurate or unclear. The Breeze assumes the rights to any published work. Opinions expressed in this page, with the exception of editorials, are not necessarily those of The Breeze or its staff.

Letters and guest columns should be submitted in print or via e-mail and must include name, phone number, major/year if author is a current student (or year of graduation), professional title (if applicable) and place of residence if author is not a JMU student.

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— JAMES MADISON, 1800

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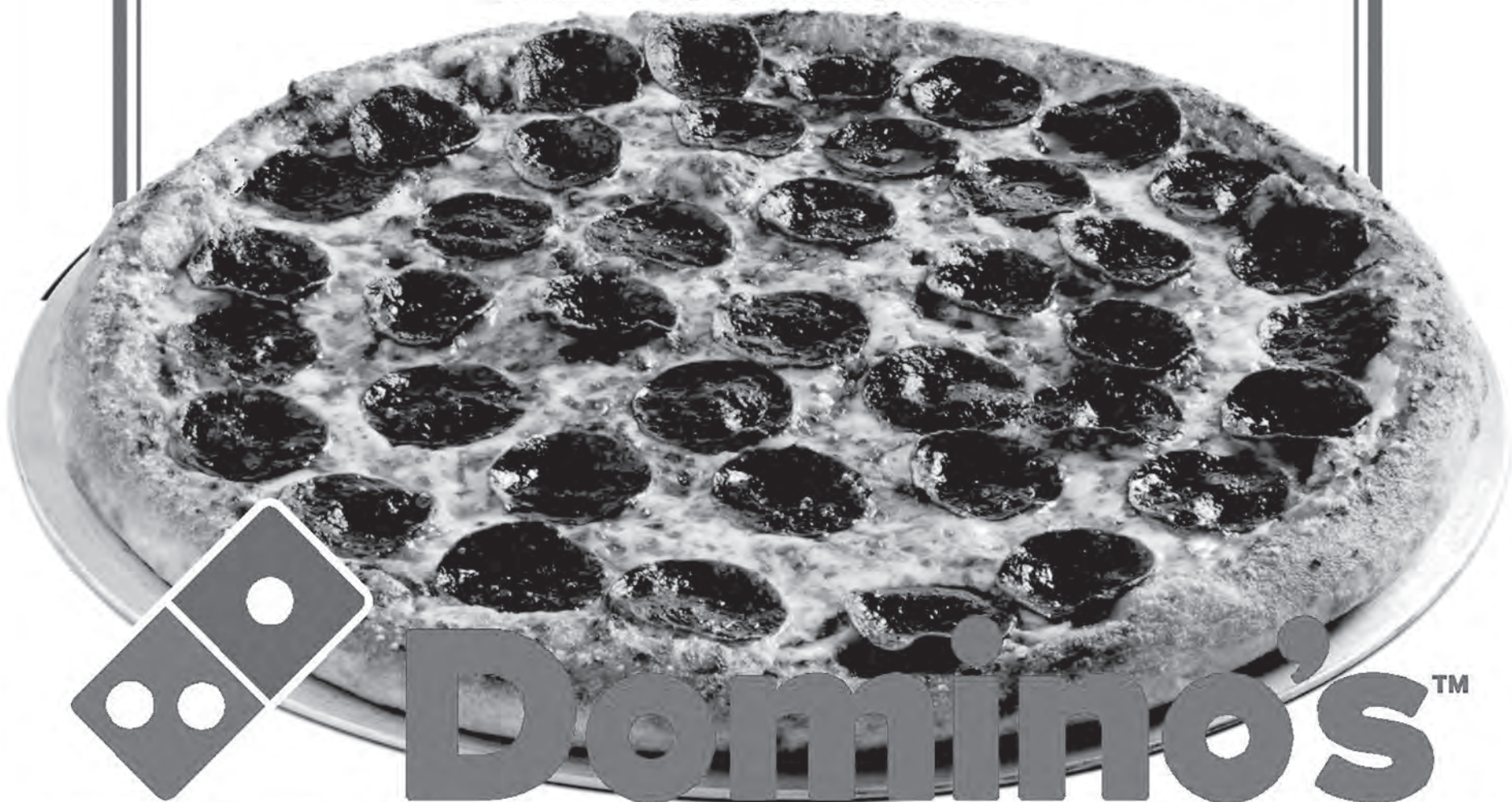
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*Workaholic
wants you to
laugh it off*



COURTESY OF UPB

Erik Griffin is a stand-up comedian best known as Montez Walker on Comedy Central's show "Workaholics."

By JUSTIN FILIAGGI
contributing writer

When the office cubicle becomes unbearable, sometimes it helps to crack a few zingers.

Tonight at 8 p.m., University Program Board is presenting stand-up comedian Erik Griffin, best known as the overly competitive co-worker Montez Walker on the popular Comedy Central show "Workaholics."

Although his role on the show is a minor one (an outcast co-worker of Adam, Anders and Blake working in "the other cubicle") Griffin has major stand-up experience, including a spot on the "Payaso Comedy Slam" and a debut comedy album set to release later this year.

UPB jumped at the chance to have him do stand-up at JMU.

"The special events committee who sets up these unique shows knew there was a big following of 'Workaholics' fans at JMU," said Liz Rea, UPB's public relations director.

Griffin's recognition from the show has helped build his exposure as a top-notch stand-up comic. He has performed on Comedy Central's "Live at Gotham" and Showtime's "Comics Without Borders."

His humor can be raunchy and misogynistic when dealing with race and the mainstream media, but it's also self-deprecating at times.

"After hearing about the event I had to Google his name," said sophomore Luke Kaulius. "When I saw his face, though, I knew exactly who he was."

Montez Walker's bio on Comedy Central's website highlights his bawdy persona, impressive sales record and racial ambiguity.

While the majority of students may not be familiar with the actor himself, many can testify to the quality humor in "Workaholics."

"I think the show is hilarious," said Tommy McCarthy, a senior sports management major. "If his jokes are half as good as the show's it'll be a great night."

Tickets for tonight's show will be sold at the door for \$8 with JACard. Fellow comic Adam Mamawala will kick off Griffin's stand-up act.

CONTACT Justin Filiaggi at filiagjr@dukes.jmu.edu.

Downtown GEMS

Why locally owned shops are becoming the heart and soul of Harrisonburg



LAUREN GORDON and BECKY SULLIVAN / THE BREEZE

LEFT Alumna Lauren Berry purchased Midtowne Market three years ago after working as a bartender at The Blue Nile. TOP RIGHT "I could fill the sidewalk probably all the way down to JMU with free books," said Bob Schurtz, owner of Downtown Books, which has been in business for 30 years. BOTTOM RIGHT Jeremiah Young, an Alaska native, is the owner and sole employee at Court Square Coffee on South Main Street.

By RACHEL DAWSON
contributing writer

They're small, they're off the beaten path and they aren't known by everyone in town.

They do, however, fill a need and a niche in the Harrisonburg community. They are commonly known as mom-and-pop shops.

From the young Midtowne Market on Water Street to the more established Downtown Books that's been around since the '70s, locally owned businesses have become the heart of downtown Harrisonburg.

Lauren Berry, owner of Midtowne Market, came to Harrisonburg as a JMU student, majored in psychology, graduated and never left.

She had worked as a bartender at Blue Nile and knew she loved the downtown area but was tired of the late hours. The economy was struggling, but an opportunity arose.

"I knew beer," Berry said. "I felt like I knew running a restaurant to an extent, and this was just a different type of management activity."

It's part convenience store and part home to an elaborate array of craft beers.

Berry works 35-to-70 hours per week, even with eight employees. Now that she's been running the store for almost three years, she is able to step back and depend on others. There

"We have found that for many people, shopping is more than making a purchase. Many prefer a shopping experience that includes working with someone who is knowledgeable, friendly and involved in the community."

Eddie Bumbaugh
Executive director of HDR

are still some days when she spends 12 hours at work, but other days it's as few as three.

"It's still important to have a presence here and for the employees and the customers to see that I'm in here every day," Berry said.

Earlier in the year, the store was robbed. No one was harmed or injured, and it wasn't a major financial setback, but it affected Berry's morale significantly.

"It's hard because you take it personally even though that doesn't make sense — it's

hard not to," Berry said. "I feel like it made my spirit sag a little bit. I love downtown and I love being here and I've been working and living downtown for the past 10 years. It's frustrating to have that happen."

Harrisonburg Downtown Renaissance works exclusively with the downtown area to revitalize it into a prosperous and vibrant city center, and it's supporting these small businesses, like Jeremiah Young's Court Square Coffee.

"We have found that for many people, shopping is more than making a purchase," said Eddie Bumbaugh, executive director of HDR. "Many prefer a shopping experience that includes working with someone who is knowledgeable, friendly and involved in the community."

Chain stores and restaurants tend to lack the more intimate personal connection to the community that small businesses provide.

"What we're noticing, though, is an increase in interest in people starting their own business, especially from young female entrepreneurs," Bumbaugh said. "Many are JMU graduates. I find that trend exciting."

Berry fits Bumbaugh's description. "Plan on committing your life to it," Berrysaid.

see SHOPS, page B2

Practicing what they teach

SMAD Club presents professors' self-produced and directed documentaries at Court Square Theater



COURTESY OF TOM O'CONNOR

Michael Richey, a friend of Graham Greene, is interviewed by Tom O'Connor for the documentary "Dangerous Edge: The Life of Graham Greene" in Brighton, England.

By MOLLY JACOB
contributing writer

Two of JMU's own are headed for the silver screen, but you won't see them in the movie.

Media arts and design professors Tom O'Connor and Mike Grundmann wrote, directed and produced their own documentaries, both of which will be shown for free at the Court Square Theater on March 24 at 3 p.m.

O'Connor's "Dangerous Edge: A Life of Graham Greene" showcases the vivid life and works of British author, playwright and journalist Graham Greene, who wrote hundreds of acclaimed suspense and war novels, short stories and plays. Many of these went on to become adapted for film and television.

"Greene is a terrific writer and an adventurer, a spy, a Catholic agnostic," said O'Connor, who has won two Emmys for his work on "Fatima" (1984) and "A Place Called Home" (1997). "He's like Hemingway, but Greene is probably as well known, if not better known."

O'Connor, who teaches documentary film and screenwriting, first became interested in making a film about Graham Greene at the centennial of Greene's birth in 2004.

"I noticed his life and work in 20th century resonated with ours in 21st century," said O'Connor, specifically drawing parallels between the controversies surrounding the Vietnam War, the subject of Greene's "The Quiet American," and the Iraq war.

O'Connor began filming and producing "Dangerous Edge" in 2006 with his nine-person production crew, traveling as far as Switzerland to film.

Kelsey Brannon, a senior writing, rhetoric and technical communication major, has taken two of O'Connor's classes. After enjoying "Dangerous Edge" last semester, she became interested in Greene and started reading two of his works.

"O'Connor made Greene into someone I could easily identify with," Brannon said. "His attention to detail and vast knowledge of film and literature is something to be desired."

Although juggling being a full-time professor and film director-writer might seem daunting, O'Connor said it's similar to how other professors must do research and write for academic journals.

"The big difference is that writing an academic article might be read by three-to-five thousand people and cost virtually nothing to publish," O'Connor

said. "Nothing compared to making the cheapest films, even though things have gotten cheaper."

Neil Sinyard, the director of film studies at the University of Hull in the United Kingdom and a major Greene scholar, said that "Dangerous Edge" is the best documentary on Greene he has ever seen. It's also the first major American documentary about the British author.

"It is an ideal introduction to his work for those who do not know it and a provocative and stimulating contribution to the debate about his critical reputation for those who do," Sinyard said. "In short, a triumph."

Grundmann, who teaches journalism, similarly chose to focus his documentary on the story of one extraordinary man.

In 1978, Art Mitchell, a farmer in Keezletown, Va., lost both his legs in a terrible corn picker accident. He not only survived; he also taught himself how to live normally and continue farming with two prosthetic legs.

Mitchell was hit by a train when the tractor he was riding stalled on the tracks, 18 years after his first accident. The incident left him with only

see FILMS, page B2

ALUBM REVIEW

Justin Timberlake so in sync

JT proves his true talent lies in music and it's worth the wait

By JACK KNETEMANN
The Breeze

With Tuesday's "The 20/20 Experience," Justin Timberlake proves his return to music is justified. It's been seven years since "FutureSex/LoveSounds" took over the world, a wait that prompted some desperate fans to make the hilarious and necessary "Justin Timberlake, Make Music Again" YouTube video. Sure, JT's flirtations with acting and comedy might have been cute, but what would you rather have "My Love" or "Friends With Benefits?"

Justin Timberlake
The 20/20 Experience
★★★★★
Released March 19

That question was rhetorical, because it's a simple fact of good taste that Timberlake should be making music, not movies. But if making bad comedies and movies about the Internet gets him to a place that leads to "The 20/20 Experience," then let him do it: Timberlake's new album is the best pop album since Kanye West's "My Beautiful Dark Twisted Fantasy." It shouldn't come as a surprise that JT was able to overcome seven years away from the game; what is a surprise is how fantastic the album is. "The 20/20 Experience" lacks the world-conquering singles like "Rock Your Body," but this time Timberlake concocts songs so strong they stay captivating for seven whole minutes. This isn't to say that "The 20/20 Experience" lacks excitement or memorable moments that could easily



COURTESY OF MCT CAMPUS
Justin Timberlake performs with Jay-Z at the Grammys in February.

become singles. "Suit & Tie," the first single featuring Jay-Z released in February, fits snugly into Timberlake's list of hits. Almost every track on the album could get radio play if shortened from their long run time, especially the penultimate track "Mirrors." Top-40 playlists may cut the first four minutes into a single, but this isn't music to be divided and conquered. Seven of the 10 tracks on "The 20/20 Experience" feature two main sections, both of which work together to form the song's meaning. There are transition periods where it would be easy to skip to the next song, but Timberlake and powerhouse producer Timbaland make sure each minute is worthy of attention. Timberlake and Timbaland are perfectly in sync with each other throughout the album, a result of their 11 years collaborating. Many have commented on the retro vibe of "The 20/20 Experience," which is heavily influenced by soul music and James Brown. Timbaland's presence assures such an approach isn't a retread: Few musicians have shaped the sound of

modern R&B as much as Timbaland, so even his funk-inflected work is thoroughly modern. This fusion of retro and modern is most clearly on display in the aptly named "Spaceship Coupe." Constructing a massive, unorthodox work like "The 20/20 Experience" deserves the respect of all music lovers, no matter their genre of choice. All musicians struggle with the balance between their influences and individual personality, but few are able to create a product that fits with their idols while remaining distinctly of their time. Not only that, but the raw size of the album is impressive: "The 20/20 Experience" never wavers in its genius for its full 70-minute run time. It's a must-have album, one that has to be experienced as a whole for its unique pacing and developments to be appreciated. Who knows, it might be another seven years before we get another pop album as good as "The 20/20 Experience."

CONTACT Jack Knetemann at knetemjw@dukes.jmu.edu.

COURTNEY ANAYA | contributing columnist

Give your stress a rest

How to cope with end-of-the-semester anxieties

With six weeks left until the end of the semester, numerous JMU students are feeling the stress of graduation, applying for major programs or even completing assignments on time. As college students, we are faced with changes and challenges almost daily. Stress is defined as an emotional, intellectual and physical reaction to change or demands. Whether you're a freshman worrying about declaring a major or a senior trying to get into a graduate program, internship or landing a job, stress hits all of us in different ways.

Signs
The central nervous system (brain and spinal cord) plays an important role in the body's stress-related mechanisms. Some stress warning symptoms include memory problems, anxiety, worrying, moodiness, depression, stomach pain, eating more or less, isolation and sleeping too much or too little. These symptoms are a way in which our bodies adapt to stress, but there are ways to cope with it.

Exercise
Exercise increases your overall health and sense of well-being. Physical activity helps increase the production of the brain's feel-good neurotransmitters, called endorphins. Going on a run, playing a game of tennis or a hike can trigger the feel good mood. Also, meditation can help you focus your energy on a single task, and the resulting vitality and optimism can help you remain calm.

Eating habits
When we're overwhelmed or tired, we need physical nourishment. Eating certain foods and avoiding others can help relieve stress. An intake of stimulants or depressants (alcohol and caffeine) will create highs and lows. These items, along with sugary foods, should be avoided. Grabbing a handful of almonds is great to eat during unpleasant events. Filled with vitamin E and antioxidants, almonds bolster the immune system. When craving for a high-fat, creamy snack, skip the ice cream and try some homemade guacamole with chips. Avocados contain

monounsaturated fats and potassium that can lower blood pressure. If at night you find it difficult to sleep, heat up a glass of milk. Calcium reduces muscle spasms and soothes tension. If you're craving carbs, choose whole-wheat; it helps produce more serotonin, the same relaxing brain chemical released when eating dark chocolate. Stay away from the greasy, fatty foods because they will contribute more to daily stress.

Resources
No matter your year, another resourceful tool for coping is to visit the counseling services on campus. Talking to someone who is a professional can effectively decrease the stress. You can set up a confidential appointment with the Counseling and Student Development Center by calling 540-568-6552 or by visiting Varner House and speaking with the receptionist.

Courtney Anaya is a senior dietetics major. Contact her at anayacn@dukes.jmu.edu.

SHOPS | 'Like a child' to owners



LAUREN GORDON / THE BREEZE
Midtowne Market, a craft beer oasis hidden in a convenience store, is located on Water Street.

from page B1
"It's like a child. You can leave the store, but you don't really leave."
Bob Schurtz, owner of Downtown Books, knows about commitment — he has been a constant presence for more than 30 years. "A JMU student had started it with his wife and they were ready to get rid of it after a couple of years," Schurtz said. "I was a sporadic customer and I walked in one day and she said, 'Do you want to buy the store?' So I laughed in her face and four months later, came back and said OK." He is the only employee, and like Berry and Young, prefers to do it all himself. He spends most of his time each day

going through stacks of used books, most of which have been donated or sold to him. "I could fill the sidewalk probably all the way down to JMU with free books," Schurtz said. Stacks of free books line the sidewalk outside the cramped shop, something Schurtz thinks provides a valuable opportunity for those in the community to get their hands on books they might not otherwise have read. The store is full of crowded bookshelves and stacks (some more than a few feet high) of books of all genres. It's not surprising that Schurtz said he's still seeing books he's never seen before. He has two barns full of 400-to-500 boxes of books and movies that he

hasn't been able to go through yet, but it's still exciting to him. "They say do something you love, and I lucked out in that regard," Schurtz said. Downtown doesn't have any big chain store or restaurant to attract customers, but small-business owners are becoming increasingly involved in the renaissance that has brought life back to the Court Square area, something Bumbaugh and his staff strive for. "It certainly requires more work for someone to make independent decisions," Bumbaugh said. "But the outcome is something unique and special — not Anywhere, USA."

CONTACT Rachel Dawson at dawsonra@dukes.jmu.edu.

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FILMS | 'They'll never say it ... but these people are heroes'

from page B1
a concussion and minor cuts. "The story appeals to anyone because of his sheer fortitude," Grundmann said. "He's the most unassuming guy you could meet. He's very bright and determined." Grundmann was first drawn to Mitchell's story after hearing about it from his neighbor, who was one of Mitchell's students at Spotswood High School. Mitchell was hesitant at first about being the subject of Grundmann's documentary. "He had to think about it a little bit because number one: It was a trauma for him," Grundmann said. "But he thought it was another education opportunity for people, especially kids and future farmers, to learn a lesson about safety." From June to July 2012, Grundmann wrote, shot and edited "The Farminator"

almost entirely on his own, with some technical help from John Hodges, the SMAD technology manager. "One nice thing about being a prof is that you can use the department's equipment, so that's what I did," Grundmann said. "I just started writing and shooting. Anybody can do it." Roger Soenksen, another professor in the SMAD department, is one of Grundmann's many colleagues who have seen "The Farminator." "It's a great story and he told it very well using all the technology we have," Soenksen said. "He has the great story about the farmer who lost both his legs, but also includes the ancillary story of the supportive relationship between him and his wife." Grundmann has made and worked on dozens of other documentaries, varying on topics from people born with facial defects to a children's

theater school. "They'll never say it about themselves, but these people are heroes," Grundmann said. "That's why you need to say it for them." "Dangerous Edge: A Life of Graham Greene" premieres on PBS on March 29 at 10:30 p.m. and will broadcast on television networks across the world throughout this spring and summer. "The Farminator," which has won awards at the Blue Ridge Film Festival in Virginia and the River's Edge Film Festival in Kentucky, is shown on the PBS affiliate WVPT and on networks geared toward rural communities.

CONTACT Molly Jacob at jacobmm@dukes.jmu.edu.

Mike Grundmann and Roger Soenksen are advisers to *The Breeze* and had no part in writing or editing this story.

PICK SOME UPSETS

Fill out a bracket on page B4.

A SHOT AT REDEMPTION

Bounced from the CAA semifinals Saturday and left out of the NCAA tournament Monday, women's basketball has a second chance at bringing a WNIT championship back to Harrisonburg that starts against North Carolina A&T

By **EVAN NICELY**
The Breeze

Survive and advance.

It sounds simple, but that's exactly what head coach Kenny Brooks wants his team to do as they open the Women's National Invitational Tournament on Thursday night at the Convocation Center against North Carolina A&T.

The Dukes, who missed out on an NCAA tournament bid with a loss to Drexel in the semifinals of the Colonial Athletic Association tournament, find themselves in the postseason for the eighth straight year.

Specifically, JMU is back with a vengeance, looking to claim the WNIT championship that slipped out of its hands in the title game last year at Oklahoma State.

"We're going to try to make a run and take one step further and win the whole thing," Brooks said.

This year's task may be a lot more difficult. JMU has a less experienced roster than the one that took it to the WNIT final and is also dealing with a team coping with disappointment and lacking motivation.

"When you don't get [to the NCAA tournament] you have to regroup," Brooks said. "I'm going to have to play Dr. Phil the next couple days to let them know that we're not in the NCAA tournament, but let's make the most of the opportunity."

JMU will face a North Carolina A&T squad that boasts a 22-9 record and finished second behind Hampton in the Mid-Eastern Athletic Conference regular-season standings with a 13-3 conference record. The Aggies are led by first team All-Mideastern Athletic Conference senior forward/guard JaQuayla Berry, who averages 13 points and six rebounds a game.

The Dukes will be forced to rely heavily on senior guard and first-team All-CAA selection Tarik Hislop as well as junior guard Kirby Burkholder to get the team motivated and prepared to make another deep run in the tournament.

"We're going to grind out anything really," Burkholder said. "if we're not all clicking we've got to find other ways to win and have other people step up."

After starting the season with a 3-6 record, JMU soared to a 19-3 record in its final 22 regular season games. The Dukes as the favorite team to potentially upset Delaware in the conference tournament



CATHY KRUSHNER / ATHLETICS PHOTOGRAPHY

Freshman guard Precious Hall drives through the lane against Drexel senior guard Renee Johnson-Allen. Hall struggled against Drexel in the CAA tournament Saturday going 1-7 from the field and recording two points despite scoring 16 points on 5-12 shooting against Towson Friday.

and end its reign over the CAA.

Now the team is facing an uphill battle to regain its motivation after a disappointing weekend plagued by poor shooting and stagnant offense. Burkholder and Hislop, the veterans and leading scorers on the team, struggled from the field shooting and went a combined 15-65 (23 percent).

The underclassmen tried to step up as freshman Precious Hall and sophomore Toia Giggetts both put in great performances over the weekend, but it wasn't nearly enough as the Dukes played the

fifth lowest scoring game in school history in a loss against Drexel. To succeed in the WNIT, the Dukes will need Burkholder and Hislop to play more efficiently to open shots up for JMU role players.

JMU might be disappointed about missing the NCAA tournament for the second straight year, but this season's WNIT can function as a springboard for younger players. This year's postseason will be a learning experience for the three key freshmen, including Hall, the CAA Rookie of the Year.

"We have to learn how to win," Brooks said. "It's all a learning experience and that's what this WNIT will be. Hopefully, we can make a run and maybe the pollsters will take a look at it and say this is a team that's returning almost everyone [next year] and is a team that is going to be reckoned with," Brooks said.

The Dukes and the Aggies will tip off tonight at 7 p.m. at the Convocation Center.

CONTACT Evan Nicely at nicelyej@dukes.jmu.edu.



CYNTHIA CARSON / CONTRIBUTING PHOTOGRAPHER

Cavaliers runs past Dukes, 10-3

Freshman midfielder Jenna Mertz attacks the U.Va. goal. The Cavaliers held JMU to a season-low three goals.

JMU was unable to create chances against a gritty effort from the ninth ranked University of Virginia. Named the 19th best team in the country earlier this week by the Intercollegiate Women's Lacrosse Coaches' Association, the Dukes came out with a great amount of energy and passion, ready to prove themselves against another top team after beating No. 16 Loyola last week. JMU was resilient on defense but was eventually worn down by U.Va.'s relentless attack. Despite the growing sense of frustration due to a lack of offensive momentum, senior captain Casey Ancarrow added two more goals to her already-historic career numbers.

>> For the full game recap, visit breezejmu.org.

CHASE KIDDY | fanatic and proud

A basketball affair

Simple rules to follow for last-minute bracketologists

Quick! Are you reading this Thursday morning? Have the games started yet? OK, great, there's still time.

I can help you. Seriously, I would do that for you. Are your friends looking over here? I don't want them to find out about us.

Sorry if I seem nervous; it's just that I've never done this before.

Usually, I'm very loyal to my partner.

I don't like to cheat on my bracket.

It's just that you and I have this connection, you know? I have all this knowledge to give, and you're essentially a captive audience. You can walk away anytime. I won't force this.

Still here? I thought you might be.

Let's not pretend you can walk away from this. I'm hopelessly devoted to my other half — a serial bracket-maker, if you will. But even if you haven't watched a single game of college basketball this season, you know you're going to get sucked into this mess. It starts with "Well, maybe just this one pool..." and ends with you screaming at goaltending calls and wistfully hoping you can finish in third just to get your \$5 back.

So first, some common sense advice — don't get greedy. Even in a crazy year like this one when the defending champion loses to Robert Morris in the first round of the National Invitational Tournament, you have to play the percentage points. And percentages say that favorite teams are favorites for a reason. Go for shock and awe if you want, but nobody will be impressed three weeks from now when you took Western Kentucky to beat Kansas.

Oh, and a quick footnote? Don't get all school spirited on me now. If you feel yourself wanting to take JMU over Indiana, put your pen down immediately, and consider taking a cold shower. Not only has a No. 16 never beaten a No. 1, but seven-foot tall Cody Zeller is a horrible matchup for the Dukes, whose only inside presence is Rayshawn Goins.

Stepping neatly right past a potentially awkward segue, pick a high-seeded

team and ride them to the finals. A No. 4 seed or higher has won the tournament every year since 1989. In particular, No. 1 seeds have won 15 of the last 22 national championships. So riding that Louisville bandwagon might not put you ahead of all the other uncreative pretenders in your pool, but at least it's statistically safe.

Speaking of the Cardinals, the Big East tournament champion has gone on to the Final Four in each of the last three years (West Virginia '10, UConn '11, Louisville '12)! Just a personal favorite statistic. Plan accordingly.

Wait, stop! Don't make eye contact. Who's that woman over there watching us? Is that ... phew, she walked the other way.

We probably don't have a lot of time left together, so I'll make this quick. You've got to pick upsets. At least one No. 12 has overtaken a No. 5 in 24 of the last 27 tournaments. You've got to pick one! Personally, I'm betting on UNLV and Wisconsin going down.

Most importantly, you must pick a Cinderella, if for no other reason than girls find it empathetic and charming. Never mind which women I'm hanging out with! Pick a couple double-digit seeds and take them into the Sweet Sixteen. Maybe even further!

But if you're taking them all the way into the Final Four, it better be a No. 11 seed. Former 11s VCU and George Mason (you might have heard of them) both made their runs from that spot. Gun to my head, I would take Minnesota; it's a relatively easy path. More importantly, it's the hottest fires that forge the hardest steel, and Minnesota plays in the Big 10, which is chock full of hot women. On second thought, I'm not sure I'm understanding that idiom correctly.

I've got to go now. If I stay out for too long, my bracket starts to get suspicious I'm talking to other basketball fans.

What happened here — let's keep it between us, OK? I don't like to compare brackets and tell.

Chase Kiddy is a senior writing, rhetoric and technical communication major. Contact Chase at breezesports@gmail.com.

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